

INVITATION TO SHINSHU, JAPAN



WHY SHINSHU ?

Receive a good education, acquire broader knowledge

© SHINSHU UNIVERSITY is a comprehensive university with eight faculties (Arts, Education, Economics, Science, Medicine, Engineering, Agriculture, Textile Science and Technology), eight graduate schools, many research institutions and educational facilities including libraries and a hospital. Academics here are extensive and diverse. We believe that you will be able to feel the captivation and joy of learning.



No Japanese ability required for attendance

© Our program is designed specifically for our partner university students who are interested in Japanese culture, who desire to live abroad, or who are searching for new challenges.

© If your Japanese language skill is not good enough to understand major subjects, you are able to take intensive Japanese language classes at Global Education Center. We offer five levels ranging from absolute beginner to advanced.



Tutor System supporting your student life in Japan

© Each international student will be matched with a tutor (a regular student at Shinshu University), whose task is to help the assigned international student in adjusting to life in Japan as soon as possible and also to improve and promote their learning.



EXCHANGE STUDENT PROGRAM

Program Outline

Term: One or two semesters (a half year or 1 year)

Program Term Start: Early April (Spring Semester) / Late September (Autumn Semester)

Tuition Fees: Students under this program are exempt from Shinshu University, but are required to pay tuition fees at their home univer-

Available Classes: From Intensive Japanese Language subjects to major subjects.

Accommodation: We provide several types of accommodations to exchange students including the International House and apartments leased by Shinshu University.



Estimated Monthly Living Expenses

Room	JPY 4,700 ~
Utilities	JPY 10,000 ~
Meals	JPY 25,000 ~
Insurance	JPY 2,000 ~
Books/Supplies	JPY 2,000 ~
Personal/Miscellaneous	JPY 5,000 ~
Total	JPY 48,700 ~

Affordable living in a safe country

© Japan is well known as being one of the safest, cleanest and most peaceful countries in the world. SHINSHU's beautiful natural surroundings and reputation as an international tourist destination make it an ideal place for learning and living.

© Although Japan is often thought to be one of the most expensive places to live, this is not the case in SHINSHU. Compared to other cities in Japan and other major international cities, our students' expenses are considerably lower. Exchange students can do part time work within legal time limits that are defined by the immigration office.



Extracurricular Activities — Enjoying Your University Life with Close Companions —

© SHINSHU UNIVERSITY has over 100 student clubs and associations, from basketball, baseball, volleyball, soccer, badminton, judo, kyudo, kendo, ski, hiking, photography, dance, manga and anime, music, to Japanese sado (tea ceremony) and even Japanese festivals!

© In the "University Community Contribution Level Rankings" conducted by the Nikkei Research Institute of Industry and Regional Economy against the 751 university across the country for 4 consecutive years from 2012 to 2015, Shinshu University was **No.1** overall. SHINSHU UNIVERSITY is loved by local people, INTERNATIONAL STUDENTS are supported by local groups. A variety of exchange meetings, parties, events are organized here. Participating in community activities will immensely enrich your experience in Japan.



How to apply?

Contact the section in charge of exchange programs at your home university and ask for details and the deadline for submitting the required documents within your university.

Voices of the Participants

J.D. (America / Oklahoma State University)

Shinshu University is very fun. It is in a great city, surrounded by beautiful mountains, and is just full of life. Shinshu was a great choice for me. The students and Staff were extremely nice. I really enjoyed walking around campus. Life here at Shinshu University is very different. In my country, America, there are not any Conbini or any of the awesome food. Japan is very different from America. In Japan, there are Cherry Blossoms in Spring, Cicadas in Summer, Beautiful falling leaves in Fall, and of course, snow in Winter. The Cherry Blossoms were my favorite thing here as in Seasonal events. But, as for living in Japan, I love Conbini and Japanese food. I am so glad I came and enjoyed the food here. It is awesome and everyone should enjoy it!

S.H. (Belgium / Katholieke Universiteit Leuven)

The first semester I was in intermediate level, which gave me a solid review of the things I had already studied - but better. Compared to home there were a lot of class hours, and sometimes a little repetitive, but you can learn very much in there.

The second semester I was in upper intermediate level, and the class structure was different; we got to choose more ourselves. This semester I especially found it interesting that we were allowed to choose classes in the regular faculties, with Japanese students. It was great to experience the methods of Japanese professors towards Japanese students, and the way of examination.

S.L. (The Netherlands / Zuyd University)

Since I studied at C-level, I can obviously not say anything about classes on the different levels, but the classes I took were very well suited for someone at my level. Even though the pace is quite fast, there is no difficulty in keeping up with the classes, as enough time is taken to explain everything in enough detail so

even the more difficult subjects do not come over as being too difficult. To me, classes also were a fun place to be, and I looked forward to them every day.

S.C. (America / University of Utah)

My stint at Shinshu University was outstanding. Shinshu's location, facilities, and atmosphere were all first rate. I will particularly miss the cafeteria. More importantly the classes were well handled and very informative. The students, tutors, faculty, and staff were all friendly and helpful making the study well worth it.

Matsumoto's location was very good for study without some of the distractions in larger cities but still had plenty to do and see.

Classes were topnotch the small class sizes allowed for a personal feel. Classes were different than what I am used to with mandatory attendance and participation. This was, however, for the best as the class structure and size permitted ample opportunity to practice Japanese. This was perfect for my grammar and speaking classes. Kanji being only taught once a week was not as strong but for the few times we met it was well taught and educational. Multicultural Understanding class allowed me to mingle with both native speakers and students with a much higher level of Japanese providing opportunity to learn new words and cultures.

Z.K. (Russia / Vitus Bering Kamchatka State University)

The way of teaching here is very good. The classes for foreign students here are subdivided into 4 classes. Students attend them according to their abilities in Japanese language. The way of teaching in all classes is very interesting and you can absorb all information like a sponge.

I learnt about studying abroad in Japan are learning an foreign language, learning how to be independent, in control of my life in a responsible manner and at the same time discovering new things about myself. It's also made me more open-minded as well as learning how to truly respect the beliefs, customs and traditions of individuals from different cultures, race and religion.

T.N. (Australia / Curtin University)

I am very lucky to study in the fall semester in Shinshu University. The scenery and the surrounding of the university were very beautiful. The staffs in the International Center and teachers are really friendly. They are always greeting the students with bright smile and were there to help. Shinshu

University is the place where I learnt my Japanese the most as the intensive course allowed me to have the environment and more time to practice my Japanese.

Shinshu University has provided many facilities for their students including exchange students to have group discussion, research, meet up, and so on. The university is very clean and comfortable to be in. The impression of environmental friendly is one of the things that I have remembered because most students and even teachers cycled to university every day.

S.M. (Germany / Leipzig University)

All of the teachers in Shinshu University's international office are very kind. When I had any problems or questions, the teachers helped me as much as possible. Also the campus is not very large so it's easy to understand where things are. There is a lot of greenery which

makes the atmosphere of campus feel nice.

The Japanese class fits very well with my level. I progressed in the various areas of Japanese and got results. Other than just Japanese language, there are other classes to take, such as Japanese Culture. There are many interesting classes, so I could find some that I'm interested in.

By studying abroad, I improved my Japanese and have also gained a deeper understanding of Japanese culture. Other than just broadening my understanding of Japan, I have also been able to hear about many other cultures as well. I have been able to understand a lot after a one year cross cultural experience. Life while studying abroad has been very fun.

B.V. (Belgium / Katholieke Universiteit Leuven)

The classes at Shinshu University were a great help in improving my Japanese. The teachers were always very kind and helpful. Of course my Japanese has improved a great deal. I even took a course in economics in my second semester, which I never thought I would be able

to do. But other than that, I have also made many great friends. The most important thing that I learned from my stay at Shinshu University, is that no matter where they live or what language they speak, people are the same on the inside everywhere. I used to believe different cultures produce different people. Now I know that those differences are not so great as the similarities all people share.

C.F. (America / Oklahoma State University)

The quality of the classes went beyond my expectations. Sometimes I wish my teachers back in my home country had as much passion for teaching as the ones here. The first two weeks or so of classes were grueling in their own way, but ultimately, it's that very difficulty that helps you develop the essential skills of speaking, listening, and learning in a foreign language.

My Japanese ability increased considerably. But besides that, I learned some more general skills of foreign language learning, listening and speaking. On top of that, as we studied Japanese using example conversations in class, I think my English conversation skills may have increased as well, strange as that may seem. On an even more general plane, I've grown more accustomed to failure, to the point where it doesn't scare me as much as it once did. Making mistakes, sometimes one after another after another, is an inevitable part of language learning. While it may sound bad to have such an accomplishment, as the saying goes, "failure is the foundation of success."

G.W. (The Netherlands / Zuyd University)

I felt at home immediately after coming. Also, my Tutor supported me. Without him, I would have had a very tough time. We always chatted when we met up during Fridays. It was very nice talking to him; the 2 hours on average just seemed to tick away in seconds. I am very grateful and lucky to have such a great tutor. I

think the tutor-exchange student at Shinshu University system deserves a lot of praise, because it gives both the Japanese and the exchange students a unique change to learn more about foreign cultures.